

RECOMMENDED LAMP:

Balance LED/UV Elite Gel System works best when used with the recommended NSI products and is cured in the NSI Dual Cure Elite Lamp.

NATURAL NAIL PREP

1. Spray yours and your client's hands with *Purify* and gently massage. Push back the cuticle and gently remove the shine with your *Endurance 180/240 Grit Buffer*. Using a *Nail Wipe* saturated with *Nailpure Plus*, press and rub into natural nail.
2. If extensions are desired, adhere tip or fit a nail form at this time.
3. Apply *Essential Bond* to the natural nail. Remove the brush from the bottle and wipe off excess product on the edge of the bottle, then brush onto two natural nails. Re-dip the brush and repeat the process until the nails are coated. Allow to dry for one minute. They will not appear chalky white.

SCULPTING ON A FORM

ZONE 1 - SMILE LINE & EXTENSION

1. After proper nail prep, apply an even layer of *Essential Base Coat* over the natural nail. This thin layer ensures that proper bonding and adhesion will occur for the subsequent layers. Cure in LED for 30 seconds or in UV for 2 minutes.
2. Using *Balance Elite Glass Gel*, start at the natural smile line. Apply a thin layer of gel onto the nail form to create the desired length and shape of your extension edge. Freeze in between each finger. Fully cure in LED for 60 seconds or in UV for 2 minutes.
3. Apply a thin, but even layer of your choice of *Balance Elite Pink Gel* over the natural nail. This will ensure a strong nail and reinforce the structure of the enhancement. Use a small/medium size bead, start at the cuticle line and pull the gel towards the free edge to cover the natural nail. Stop smoothly at the natural smile line. Do not continue pink gel down the extension edge. Freeze in between each finger. Fully cure in LED for 60 seconds or in UV for 2 minutes.
4. Pick up a medium bead in your choice of *Balance Elite White Gel*. Using the flattened side of your brush keeping the gel on the tip, or flags of the brush, place the gel near the natural smile line. Press the brush onto the natural nail to release the gel from your brush. Do not overwork the gel, this will cause air bubbles. With a light feathery touch, create the smile line.
5. Use a light floating touch to pull, glide, float and stretch the white gel to completely cover the extension edge. Wipe any gel residue from your brush on a clean *Nail Wipe* saturated with *Cleanse*. Back brush the smile line if necessary to make a smooth crisp line. Freeze in between each finger. Fully cure in LED for 60 seconds or in UV for 2 minutes.

ZONES 2 & 3

Using a Balance Elite pink gel of your choice:

6. Do not remove the tacky dispersion layer. Using a medium bead of *Balance Elite Pink Gel*, start in Zone 3, keep the brush parallel to the nail and use a light floating touch to stretch and pull the gel over the body of the nail, up to the smile line. Freeze in between each finger, for 10 seconds or 20 seconds in UV.
7. Before fully curing, apply a small bead of *Balance Elite Glass Gel* to the upper arch/apex. Gently feather the gel from side to side and taper the gel down the extension edge. Keeping the bulk of the gel in the apex, and the extension edge thin. Cure in LED for 60 seconds or UV for 2 minutes. Wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*.
8. Refine file using your *Endurance 180/240 Grit Buffer*. Check for proper design and apex placement. File the nail so it is smooth, balanced and attractive following the curvature of the nail. Remove excess dust with your *Plush Brush*. Use a *Nail Wipe* saturated with *Cleanse* to remove any dust that may be hiding in the side walls.
9. Apply your choice of top coat – *FlexiGloss No-Wipe Top Coat* or *Essential Seal*. Follow curing instructions for either product. If using *Essential Seal*, wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*. Condition the cuticle and surrounding skin with *Nurture Oil*.

NATURAL NAIL OVERLAY OR TIP & OVERLAY

Using the Balance Gel of your choice:

1. After proper nail prep, apply an even layer of *Essential Base Coat* over the natural nail and tip. This thin layer ensures that proper bonding and adhesion will occur for the subsequent layers. Cure in LED for 30 seconds or in UV for 2 minutes.
2. Use a medium size bead of your choice of *Balance Elite Gel*. Using the flattened side of your brush keeping the gel on the tip, or flags of the brush, place the gel near the cuticle line. Press the brush onto the natural nail to release the gel from your brush and pull the product towards the free edge. Be sure to cover the body of the nail with a thin even coverage of the gel. Cure in LED for 60 seconds or UV for 2 minutes.
3. Do not remove the tacky dispersion layer. Check the nail from all angles to ensure proper apex placement. If necessary, add a small amount of a clear *Balance Elite Glass* to the upper arch. This will ensure a strong nail and reinforce the structure of the enhancement. Cure in LED for 60 seconds or UV for 2 minutes. Wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*.
4. Refine file using your *Endurance 180/240 Grit Buffer*. Check for proper design and apex placement. File the nail so it is smooth, balanced and attractive following the curvature of the nail. Remove excess dust with your *Plush Brush*. Use a *Nail Wipe* saturated with *Cleanse* to remove any dust that may be hiding in the side walls.
5. Apply your choice of top coat – *FlexiGloss No-Wipe Top Coat* or *Essential Seal*. Follow curing instructions for either product. If using *Essential Seal*, wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*. Condition the cuticle and surrounding skin with *Nurture Oil*.

NATURAL NAIL OVERLAY OR TIP & OVERLAY

French with Secrets Removable Brush On White.

1. After proper nail prep, apply an even layer of *Essential Base Coat* over the natural nail and tip. This thin layer ensures that proper bonding and adhesion will occur for the subsequent layers. Cure in LED for 30 seconds or in UV for 2 minutes.
2. Use a medium size bead of your choice of *Balance Elite Pink Gel*. Using the flattened side of your brush keeping the gel on the tip, or flags of the brush, place the gel near the cuticle line. Press the brush onto the natural nail to release the gel from your brush and pull the product towards the free edge. Be sure to cover the body of the nail with a thin even coverage of the gel. Cure in LED for 60 seconds or UV for 2 minutes.
3. Do not remove the tacky dispersion layer. Check the nail from all angles to ensure proper apex placement. If necessary, add a small amount of a clear *Balance Elite Glass* to the upper arch. This will ensure a strong nail and reinforce the structure of the enhancement. Cure in LED for 60 seconds or UV for 2 minutes. Wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*.
4. Refine file using your *Endurance 180/240 Grit Buffer*. Check for proper design and apex placement. File the nail so it is smooth, balanced and attractive following the curvature of the nail. Remove excess dust with your *Plush Brush*. Use a *Nail Wipe* saturated with *Cleanse* to remove any dust that may be hiding in the side walls.
5. Using the point of your brush, dip into the container of the *Secrets Removable Brush On White Gel*. Pick up a small to medium amount of gel and keep the gel on the tip of the brush. The gel will be the consistency of gel polish.
6. Starting with the thumb, brush onto the nail creating a smile line. Use techniques similar to polishing for a french look. Wipe any gel residue from your brush on a clean *Nail Wipe* saturated with *Cleanse*. Back brush the smile line if necessary to make a smooth crisp line. Freeze each nail for 10 seconds in UV or 5 seconds in LED. Repeat until all smile lines have been created and frozen. Cure in LED 60 seconds or UV for 2 minutes.
7. Apply your choice of top coat – *FlexiGloss No-Wipe Top Coat* or *Essential Seal*. Follow curing instructions for either product. If using *Essential Seal*, wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*. Condition the cuticle and surrounding skin with *Nurture Oil*.



Balance LED/UV Elite Gel System - is versatile and user-friendly. With the Balance LED/UV Elite Gel System you have the option to do natural nail overlays, tip and overlays, or sculpt on a form. Balance LED/UV Elite Gel System is available in a variety of colors and opacities. All intelligently formulated. All perfectly affordable.

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