

BALANCE

UV GEL SYSTEM



Balance UV Gel System - User-friendly hard gel system that offers the nail technician the option to do natural nail overlays, tip and overlays, sculpting on a form and indestructible pedicures.

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NATURAL NAIL PREP

1. Spray your hands and clients' hands with *Purify*. Push back the cuticle and gently remove shine with a *180/240 Grit Endurance File*. Using a *Nail Wipe* saturated with *Nailpure Plus*. Press and rub into natural nail.
2. If extensions are desired, adhere tip or fit a nail form at this time.
3. Apply *Balance Bond (Acid-Free) Primer* liberally to the natural nails. Remove the brush from the bottle and wipe along the edge of the bottle, then brush onto two natural nails. Re-dip the brush and repeat the process until the nails are coated. Allow to dry for one minute. They will not appear chalky white.
4. Before you can begin sculpting your enhancement, a small amount of *Balance Gel* (color and viscosity of your choice) must be applied to the entire natural nail or tip application. This thin layer will ensure that proper bonding and adhesion will occur. Cure for 120 seconds in UV.

SCULPTING ON A FORM

Zone 1 - SMILE LINE & EXTENSION

Using a medium thick / thick white gel of your choice:

1. Pick up a medium amount of gel using the flattened side of your brush keeping the gel on the tip, or flags of the brush. Place the gel near the natural free edge line. Twirl the brush to release and slightly warm the gel. Do not overwork the gel, this will cause air bubbles. With a light feathery touch, start creating the smile line.
2. Pull, glide, float and stretch the gel to pull over tip or form to create extension. Use a light floating touch and keep your brush handle angled downward. Wipe any gel residue from brush on a clean lint-free *Nail Wipe* saturated with *Cleanse*.
3. Back brush smile line to make a smooth crisp line, if necessary. Cure in a full hand UV lamp for 10 seconds. Repeat process on nails of one hand until all Zone 1, smile lines and extension edges, have been created and frozen. Cure for 120 seconds in UV.

Zones 2 & 3

Using a medium thick / thick pink gel of your choice:

1. Do not remove the tacky dispersion layer. Gather a medium amount of *Balance Gel*. Starting in Zone 3, keeping the brush parallel to the nail, stretch and pull the gel over the entire length of the nail using a light floating touch to create a thin lock-in base layer.
2. Before curing, check the nail from all angles to ensure proper apex placement. Add a small amount of a clear *Balance Builder Gel* to the upper arch, if necessary. Cure for 120 seconds in UV.
3. Do not remove the tacky dispersion layer. Apply a second bead of *Balance Gel* of your choice, to the apex area of the nail. This will ensure a strong nail and reinforce the structure of the enhancement. Cure for 120 seconds in UV. Wipe off the tacky dispersion layer using a *Nail Wipe* lightly saturated with *Cleanse*.
4. Refine file using your *Endurance 180/240 Grit File*. Check for proper design and apex placement. File the nail so it is smooth, balanced and attractive following the curvature of the nail. Remove excess dust with your *Plush Brush*. Use a *Nail Wipe* lightly saturated with *Cleanse* to remove any dust that may be hiding in the side walls.
5. Using the flattened side of your brush, apply a medium amount of *Finish Clear* in polish like strokes. Make sure you do not leave brush marks behind as this will cause the gel to not cure smoothly. Be sure to cap the free edges. Cure for 120 seconds in UV lamp.
6. Remove the tacky dispersion layer using a *Nail Wipe* lightly saturated with *Cleanse*. Condition the cuticle and surrounding skin with *Nurture Oil*.

NATURAL NAIL OVERLAY OR TIP & OVERLAY

Using the Balance Gel of your choice:

7. After proper nail prep, use the flattened side of your brush to gather a small amount of *Balance Gel*. Starting in Zone 3, brush the entire length of the nail ensuring to coat the nail evenly with a thin lock-in base layer. Cure for 120 seconds in UV.
8. Do not remove the tacky dispersion layer. Apply a second coat of gel if necessary. This depends on the desired length, activity level and fashion preference of the client. Cure for 120 seconds in UV.
9. Check the nail from all angles to ensure proper apex placement. If necessary, add a small amount of a clear *Balance Builder Gel* to the upper arch. Cure for 120 seconds in UV. Wipe off the tacky dispersion layer using a *Nail Wipe* lightly saturated with *Cleanse*.
10. Refine surface and check for proper design and apex placement. File the nail so it is smooth, balanced and attractive following the curvature of the nail. Remove excess dust with your *Plush Brush*. Use a *Nail Wipe* lightly saturated with *Cleanse* to remove any dust that may be hiding in the side walls.
11. Using the flattened side of your brush, apply a medium amount of *Finish Clear* in polish like strokes. Make sure you do not leave brush marks behind as this will cause the gel to not cure smoothly. Be sure to cap the free edges. Cure for 120 seconds in UV lamp. Remove the tacky dispersion layer using a *Nail Wipe* lightly saturated with *Cleanse*. Condition the cuticle and surrounding skin with *Nurture Oil*.

NATURAL NAIL OVERLAY OR TIP & OVERLAY

French with *Secrets Removable Brush On White*.

12. After proper nail prep, gather a small amount of any of the *Balance Gel* of your choice of color. Starting in Zone 3, brush the entire length of the nail ensuring to coat the nail evenly with a thin lock-in base layer. Cure for 120 seconds in UV lamp.
13. Using the point of your brush, dip into the container of the *Secrets Removable Brush On White Gel* and pick up a small to medium amount of gel. Keep the gel on the tip of the brush. The gel will be the consistency of gel polish.
14. Starting with the thumb, brush onto the nail creating a smile line. Use techniques similar to polishing for a french look. Wipe any gel residue from brush on a clean *Nail Wipe*. Back brush the smile line if necessary to make a smooth crisp line. Freeze the smile line in place with your UV lamp for 10 seconds. Repeat process on nails of one hand until all smile lines have been created and frozen. Cure in UV for 120 seconds.
15. Using the flattened side of your brush, gather a small amount of *Balance Builder Gel*. Starting in Zone 3, and keeping the brush parallel to the nail, stretch and pull the gel over the entire length of the nail using a light floating touch. Check the nail to ensure proper apex placement. Add a small amount of a clear *Balance Builder Gel* to the upper arch, if necessary. Cure for 120 seconds in UV. Wipe off the tacky dispersion layer using a *Nail Wipe* lightly saturated with *Cleanse*.
16. Refine file surface and check for proper design and apex placement. File the nail so it is smooth, balanced and attractive following the curvature of the nail. Remove excess dust with your *Plush Brush*. Use a *Nail Wipe* lightly saturated with *Cleanse* to remove any dust that may be hiding in the side walls.
17. Using the flattened side of your brush, apply a medium amount of *Finish Clear* in polish like strokes. Make sure you do not leave brush marks behind as this will cause the gel to not cure smoothly. Be sure to cap the free edges. Cure for 120 seconds in UV lamp. Remove the tacky dispersion layer using a *Nail Wipe* lightly saturated with *Cleanse*. Condition the cuticle and surrounding skin with *Nurture Oil*.

THE VISCOSITY OF NSI GELS

BRUSH ON GELS

VISCOSITY: Very Thin

SKILL LEVEL: Ideal for all levels.

USAGE: Ideal for shorter length natural nails or tip and overlays. The easy to use application applies very similar to nail polish. The white options are incredibly smooth and creamy. The *Balance UV Gel Brush On Gloss* is a bottled high-shine finishing gel.

NOTE: Brush on gels are not sculpting gels and cannot be used to build your enhancements.

ONE STEP GELS

VISCOSITY: Thin

SKILL LEVEL: Ideal for all levels.

USAGE: Used as a protective overlay for active length natural nails. Great for nail biters or for growing out damaged nails. The easy to use application applies very similar to nail polish. Cures to a high shine.

NOTE: *Balance UV One Step Gels* are not sculpting gels and cannot be used to build your enhancements.

FINISH CLEAR

VISCOSITY: Thin

SKILL LEVEL: Ideal for all levels.

USAGE: Easy to use application and workability. Provides a protective top coat for permanent high-gloss shine. Compatible with any nail enhancement service.

NOTE: *Balance UV Gel Finish Clear* is not a sculpting gel and cannot be used to build your enhancements. It is used as a shiny top coat to finish your service.

BUILDER GELS

VISCOSITY: Medium/Thick

SKILL LEVEL: Ideal for all levels.

USAGE: Can be used for easy building of the nail, or for a slight apex for some added durability. Because of the added strength, builder gels are ideal to be used for natural nails, tip and overlays, or sculpting.

BODY BUILDER GELS

VISCOSITY: Thick

SKILL LEVEL: Ideal for intermediate level gel users.

USAGE: Can be used for any length natural nails or tip and overlays. They can also be used in thin layers to sculpt on a form. The thicker viscosity is perfect for warmer environments. Holds shape, but still self-levels. Cures to a higher shine than standard builder gels.

SCULPTOR GELS

VISCOSITY: Super Thick

SKILL LEVEL: Advanced gel users have the most success and will enjoy working with sculptor gels.

USAGE: Designed for sculpting on a form. The super thick viscosity gives you plenty of working time and the gel will only go where you want it to go, no self-leveling. Allows the nail tech to sculpt all five nails without locking or freezing after each nail.

REMOVAL

The *Balance UV Gels* are non-porous. Because of this, the product cannot be soaked off like a traditional acrylic or a removable gel system can. To remove *Balance Gel System* enhancements they must be filed off.

1. Spray your and your clients' hands with *Purify* and gently massage. *Purify* will help reduce the spread of germs.
2. Gently push back the eponychium, and remove any non-living tissue with your *Cuticle Pusher*.
3. Remove the shine or color from the enhancement by using an *Endurance 100/100 Grit File*. Be sure that the file never touches the natural nail plate as it is much too rough.
4. Continue to file the product until the majority of it has been removed.
5. Once you see that the product is starting to thin, switch to an *Endurance 150/150 Grit File* and continue to file.
6. Once removed, buff the nail using the buffer side of the *Endurance*